



## MARCH 2017: Breakfast Express/Breakfast in the Classroom Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD		1 Whole Grain Croissant with Grape Jelly  Honey Roasted Sunflower Seeds  Fresh Fruit Choice	2 New York Thursday Upstate Farms® Cherry Vanilla Yogurt  Apple Cinnamon Granola  Fresh NY Apples	3 Cinnamon Apple Bread  Back to the Roots Organic® Cinnamon Cereal Bowl  Fresh Fruit Choice
	6	7	8	9
Meal Kit Sun Butter Cup  Honey Graham Crackers Grape Jelly  100% Fruit Juice	Nature Valley™ Oats 'n Honey Granola Bar  Land O'Lakes® Cheddar Cheese Stick  100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly   Fresh Fruit Choice	New York Thursday Yogurt Parfait   Champlain Valley NY Apple Slices	10 Zucchini Bread   Fresh Fruit Choice
13	14	15	16	17
Meal Kit Fruity Cheerios®  Honey Graham Crackers  100% Apple Juice	Apple Fruit Pocket  Land O'Lakes® Mozzarella Cheese Stick  100% Fruit Juice	Whole Grain Croissant with Grape Jelly  Honey Roasted Sunflower Seeds  Assorted Apple Sauce	New York Thursday Upstate Farms® Peach Yogurt  Blueberry Granola  Fresh NY Apples	17 Blueberry Yogurt Bread  Back to the Roots Organic® Purple Corn Flakes Bowl  Fresh Fruit Choice
20	21	22	23	24
Meal Kit Sun Butter Cup  Honey Graham Crackers Grape Jelly  100% Fruit Juice	Nature Valley™ Oats 'n Honey Granola Bar  Land O'Lakes® Colby Cheese Stick  100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly   Fresh Fruit Choice	New York Thursday Yogurt Parfait   Champlain Valley NY Apple Slices	24 Zucchini Bread   Fresh Fruit Choice
27	28	29	30	31
Meal Kit Apple Cinnamon Cheerios®  Honey Graham Crackers  100% Orange Tangerine Juice	Apple Fruit Pocket  Land O'Lakes® Mozzarella Cheese Stick  100% Fruit Juice	Whole Grain Croissant with Grape Jelly  Honey Roasted Sunflower Seeds  Fresh Fruit Choice	New York Thursday Upstate Farms® Cherry Vanilla Yogurt  Apple Cinnamon Granola  Fresh NY Apples	31 Banana Bread  Back to the Roots Organic® Cinnamon Cereal Bowl  Fresh Fruit Choice

**Offered Daily:** Milk (1% low fat, fat free), Seasonal Fresh Fruit, Assorted Cold Cereal

**Cold Cereal Choices:** Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

\*Please pack Cream Cheese COLD with Milk

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MENUS ARE SUBJECT TO CHANGE