



## MARCH 2017: K-8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>		1 Grilled Cheese Sandwich  Frito-Lay® SunChips®  <u>Eat Your Colors</u> Super Hero Spinach	New York Thursday 2 Assorted Hot Sandwiches  Cookie Treat  <u>Eat Your Colors</u> Cucumber Salad  NY Apples	3 Macaroni and Cheese  Warm Dinner Roll  <u>Eat Your Colors</u> Baked Beans
	6	7	8	New York Thursday 9
Crispy Chicken Tenders Dipping Sauce Cup  Rold Gold® Heartzels  <u>Eat Your Colors</u> Sweet Potato Wedges	100% Beef Hamburger Sliders Deluxe Toppings  <u>Eat Your Colors</u> Seasoned Wedge Fries	Sweet & Sour Popcorn Chicken  Sesame Lo-Mein  <u>Eat Your Colors</u> Garlicky Green Beans	Jamaican Patty  Cookie Treat  <u>Eat Your Colors</u> Cucumber Salad  Champlain Valley NY Apple Slices	Macaroni and Cheese  Warm Dinner Roll  <u>Eat Your Colors</u> Baked Beans
13	14	15	New York Thursday 16	17
Popcorn Chicken Dipping Sauce Cup  Dinner Roll  <u>Eat Your Colors</u> Garlicky Green Beans	100% Grass Fed Beef Cheeseburger Deluxe Toppings  Cookie Treat  <u>Eat Your Colors</u> Sweet Potato Wedges	Jerk Roasted Chicken Drumie  Long Grain Brown Rice  <u>Eat Your Colors</u> Roasted Zucchini	Teriyaki Chicken Sliders  <u>Eat Your Colors</u> Kale Salad  Champlain Valley NY Apple Slices	Macaroni and Cheese  Warm Dinner Roll  <u>Eat Your Colors</u> Baked Beans
20	21	22	New York Thursday 23	24
Crispy Chicken Parmigiana Sandwich   <u>Eat Your Colors</u> Seasoned Wedge Fries	100% Beef Cheeseburger Sliders Deluxe Toppings  <u>Eat Your Colors</u> Sweet Potato Wedges	Bite Size Tacos With Fresh Toppings Taco Sauce  Baked! Tostitos® Scoops®  Brown Rice  <u>Eat Your Colors</u> Spring Mix Salad	Cheese Steak on NY Hero Roll  <u>Eat Your Colors</u> Cold Black Bean Salad  Salad Bar Spring Mix Salad NY Apples	Macaroni and Cheese  Warm Dinner Roll  <u>Eat Your Colors</u> Baked Beans
27	28	29	New York Thursday 30	31
Crispy Chicken Tenders Dipping Sauce Cup  Toasty Breadstick  <u>Eat Your Colors</u> Seasoned Wedge Fries	Turkey Burger Deluxe Toppings  <u>Eat Your Colors</u> Sweet Potato Waffle Fries	Teriyaki Chicken Sliders   <u>Eat Your Colors</u> Super Hero Spinach	Assorted Hot Sandwiches   Cookie Treat  <u>Eat Your Colors</u> Cucumber Salad  NY Apples	Macaroni and Cheese  Warm Dinner Roll  <u>Eat Your Colors</u> Baked Beans

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, PB&J, and Cheese Sandwiches

Spice Station: Granulated Garlic, Red Pepper Flakes, Oregano

Dressings: Ranch, Honey Mustard, French

Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce

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